



HEALTH UPWARDLY MOBILE INC.
305-320 23rd Ave. SW Calgary, AB T2S 0J2
P: 403-536-2480 F: 403-536-2482
www.healthupwardlymobile.net

Health Upwardly Mobile (HUM) Group Policy

Early Recovery Attendance

- New group members need to commit to weekly group therapy for a minimum of two (2) quarters or six (6) months to optimize the therapeutic value of group therapy. A signed and approved group billing form is required before commencement of group therapy.
- The HUM team will clinically evaluate frequency of attendance with each individual after the six (6) month commitment and after every quarter or every three (3) months thereafter.

Ongoing Recovery Attendance

- Upon completion of compulsory two (2) quarters of six (6) months group therapy, individuals are encouraged to continue group and commit to the number of groups they will attend for each month of that quarter in agreement with the clinical team.
- If you would like to attend more session in the month than committed and paid for, each session will be billed separately at \$65.00 per session.

Attendance Exceptions

- One (1) month notice is required for scheduled work commitments or vacations.
- All illness related absences are reviewed on an individual basis.
- Only two (2) excused group sessions per quarter are allowed and only for work, sickness or vacation reasons. For preapproved excused absences, you will receive a credit toward your next quarterly payment and must be reflected on the HUM billing agreement.

Group Payment Policy

- Payment by cash, debit or credit card only. No personal cheques.
- Group members can choose one of two options for payment;
- Pay the entire quarter (3 months) upfront. Quarterly payments are accepted at the beginning of January, April, July and October you will receive a 10% savings if paying quarterly.
- Pay at the beginning of each month.
- New group members that start mid-quarter will pay the weekly rate and are most welcome to begin quarterly payments at the beginning of the next quarter to receive the 10% savings.
- If there is an extended absence from group for clinical reasons a credit will be applied to your account to be used at a later date. This option will be considered on an individual basis.
- If a group member is asked to leave group therapy due to disruptive behavior there will be no reimbursement of monies or credit applied to your account.
- Note of absence greater that two (2) per quarter will be invoiced regardless of attendance.

I have read and agreed with the HUM group policy as outlined above.

Print Name _____ Signature _____

Date _____